## Holsworthy High School Canteen

## Sandwiches - Rolls - Wraps

Assorted ready made wraps, rolls and sandwiches are on the counter daily OR place an order by 10.30am

| Egg | $\$ 4.50$ | Tomato | $\$ 5.00$ |
| :--- | :--- | :--- | :--- |
| Vegemite | $\$ 4.00$ | Cheese | $\$ 5.00$ |
| Salad | $\$ 6.00$ | Caesar | $\$ 7.00$ |

Make your own...pick a bread and pick a meat all \$5.50

$$
\begin{array}{ll}
- & \text { Roll } \\
- & - \text { Tuna } \\
- & - \text { Hrap } \\
- & \text { Bread }
\end{array}
$$

Add extra filling

| - | Avocado |
| :--- | :--- |
| - | Salad |

Add a dressing....Mayonnaise, Hommus, Ranch, Tzatziki (home made)
all \$0.30

## Freshly made on the premíses

## Hot Food

- Fried Rice
\$5.50
- Spaghetti Bolognese \$5.50
- Chicken Noodles (Maggi) $\$ 3.20$ *
- Chicken Chips (Goujon) $\$ 4.00$ *
- Chicken Tenders (with chilli) \$5.50 *
- Lasagne \$5.50
- Garlic Bread
- Ham and Cheese melts \$3.00 * $\$ 3.80$

Home made Pizza on Turkish Base $\$ 4.50$

- Chicken \& Pineapple
- Ham \& Pineapple
- Cheese \& Tomato
- Vegetarian - baby spinach, cherry tomatoes, goats cheese, pineapple, grated cheese


## Burgers

Cheeseburger $\$ 5.50$
Chargrilled Chicken Burger \$5.50

* Occasional Food


## Snacks

- Snack box - crackers, cheese, tomato, cucumber and home made dip
$\$ 3.50$
- Custard \& strawberries \$2.50
- Yoghurt \& strawberries \$2.50
- Muesli \& yoghurt \$2.50
- Buttered Roll $\$ 1.50$
- Frozen Choc Milk Cup $\$ 1.00$
- Frozen Fruit Juice Cup $\$ 1.00$
- Twisted Frozen Yogurt Cup $\$ 2.50$ *
- Rice sticks \$1.00
- Popcorn \$1.00
* Occasional Food

Fruit - Mixed fruit tub
Others at market price
Apple, Orange, Pineapple tub, Watermelon tub, Rockmelon tub

## Salads - \$8.00

- Egg - Tuna
- Chicken - Ham
- Pumpkin (cherry tomatoes, feta cheese, capsicum, shallots, roasted pumpkin \& baby spinach)


## Daily Specials - \$5.50

- Butter Chicken \& Rice
- Chicken Stir Fry
- Spinach \& Chicken Fettucine
- Ricotta \& Spinach Agnolotti
- Zucchini Slice with side salad
- Veggie Bake
- Ravioli


## Drinks

- Water
- Up \& Go \$2.50
- Chocolate Milk Shake \$3.50
- Soft drink cans (no sugar) \$2.50
- Poppers ( $100 \%$ juice)
\$1.50

