### **Holsworthy High School Canteen**

## Sandwiches - Rolls - Wraps

Assorted ready made wraps, rolls and sandwiches are on the counter daily <u>OR</u> place an order by 10.30am

Egg	\$4.50	Tomato	\$5.00
Vegemite	\$4.00	Cheese	\$5.00
Salad	\$6.00	Caesar	\$7.00

Make your own...pick a bread and pick a meat all \$5.50

- Roll - Tuna - Wrap - Ham - Bread - Chicken - Beef / Pork

#### Add extra filling

- Avocado \$1.00 - Salad \$1.50 - Lettuce \$0.50 - Cheese \$0.50 - Tomato \$0.50

Add a dressing....Mayonnaise, Hommus, Ranch,

Tzatziki (home made) all \$0.30

Freshly made on the premises

### **Hot Food**

- Fried Rice	\$5.50
- Spaghetti Bolognese	\$5.50
- Chicken Noodles (Maggi)	\$3.20 *
- Chicken Chips (Goujon)	\$4.00 *
- Chicken Tenders (with chilli)	\$5.50 *
- Lasagne	\$5.50
- Garlic Bread	\$3.00 *
- Ham and Cheese melts	\$3.80
Home made Pizza on Turkish Base	\$4.50

- Chicken & Pineapple
- Ham & Pineapple
- Cheese & Tomato
- Vegetarian baby spinach, cherry tomatoes, goats cheese, pineapple, grated cheese

#### Burgers

Cheeseburger \$5.50

Chargrilled Chicken Burger \$5.50

\* Occasional Food

Prices may vary in 2023

### Snacks

- Snack box - crackers, cheese,	Snack box – crackers, cheese, tomato, cucumbe		
and home made dip	\$3.50		
<ul> <li>Custard &amp; strawberries</li> </ul>	\$2.50		
- Yoghurt & strawberries	\$2.50		
- Muesli & yoghurt	\$2.50		
- Buttered Roll	\$1.50		
- Frozen Choc Milk Cup	\$1.00		
- Frozen Fruit Juice Cup	\$1.00		
- Twisted Frozen Yogurt Cup	\$2.50 *		
- Rice sticks	\$1.00		
- Popcorn	\$1.00		

\* Occasional Food

Fruit - Mixed fruit tub \$3.50

#### Others at market price

Apple, Orange, Pineapple tub, Watermelon tub, Rockmelon tub

# Salads - \$8.00

Egg

- Tuna
- Chicken
- Ham
- Pumpkin (cherry tomatoes, feta cheese, capsicum, shallots, roasted pumpkin & baby spinach)

# Daily Specials - \$5.50

- Butter Chicken & Rice
- Chicken Stir Fry
- Spinach & Chicken Fettucine
- Ricotta & Spinach Agnolotti
- Zucchini Slice with side salad
- Veggie Bake
- Ravioli

# **Drinks**

Water	\$2.00
Up & Go	\$2.50
Chocolate Milk Shake	\$3.50
Soft drink cans (no sugar)	\$2.50
Poppers (100% juice)	\$1.50