

HOLSWORTHY HIGH SCHOOL

Website: http://www.holsworthy-h.schools.nsw.edu.au

Term 2 2018

PRINCIPAL'S

On the first day of this term for staff, our School Development Day, Holsworthy High School hosted a Community of Schools meeting involving all teaching staff from our school, Hammondville Public School, Holsworthy Public School and Wattle Grove Public School. The aim of the meeting was to provide staff with an opportunity to learn more about each school, the projects we have done together in the past 12 months or so and most importantly, for teachers from the four schools to get to know each other. Our keynote speaker, Anne Reddie from the School Services Directorate of the Department of Education, discussed the importance of wellbeing for staff and reminded us that in order to support the wellbeing of our students it is important to look after our own wellbeing. As a parent, this resonated with me when I reflect on the challenges of raising my own children. Feedback received from staff from each school was so positive that we have committed to making this an annual event.

In the second last week of this term, I met with a student focus group to discuss issues around student leadership. The group, comprising four students from each year group, discussed what leadership is, how it can be developed in students at our school and then looked at aspects of our SRC and House System. I would like to congratulate the students involved for their willingness to participate and thank them for their honest and valuable input. As one of the strategic directions in our new school plan, leadership for both staff and students is something that we will be focussing on in the near future. As with each year, the end of Term 2 is a time of reflection for students as they receive their Semester 1 reports. The importance of this is reflected in the time we devote to it, with either myself, the Year Advisor/s, Head Teacher and Deputy Principal associated with each year group discussing the reports with each individual student. Each student I have spoken to during this process has thought deeply about their progress and how they can improve next semester. One of the main points of discussion during these meetings is how students have performed with their 'Student Responsibilities', which indicate the effort students have put into each subject. We also determine a 'Student Responsibility Average' (SRA), which is a number out of 4 that indicates a student's effort across all subjects. As well as the obvious correlation between effort and results, this is important because students who have performed well in this area, those who have tried their best, typically feel a great sense of satisfaction which can be a significant motivation for them to continue or improve their effort in the future. Students who have achieved an outstanding SRA of 3.9 or above will be recognised at a morning tea on the second last day of the term.

Mr M Watkins Principal

OUR SCHOOL - COMMITTED TO QUALITY AND EXPECTING THE BEST FROM EVERY STUDENT

## Deputy Davis's Report Years 7, 9 and

As semester two draws to an end students will be receiving their reports and encouraged to reflect on their academic effort and achievement. Electronic copies of reports will be available to parents online through Sentral and hard copies given to students on distribution dates in the last two weeks of term. A parent teacher night in Term 3, Week 5 will provide additional feedback to parents regarding their child's progress across all key learning areas.

Year 7 students will receive specific information about the report format and information provided to enable them to interpret teacher feedback and personal achievement accurately. All students will have the opportunity to discuss their reports individually with a Year Adviser, Head Teacher or Deputy on the day of distribution.

Futures Night on the 13<sup>th</sup> of August will provide parents and students with an opportunity to consider elective choices and subject selections for next year. Staff from all faculties will be represented and available to answer questions and provide advice on the night. Our Career Adviser, Ms Brown, is also an important support person to consult when considering future options and course requirements.

Year 11 students will move into the final term for their preliminary course and will need to maintain their academic focus. They have strong support from their teachers and should seek individual assistance as they prepare for assessment tasks and exams. Over the year, students will be offered a wide range of opportunities to gain information about different career pathways including University, College and TAFE information sessions.

Winter presents some challenges for students adhering to uniform requirements. Students need to ensure they are wearing correct uniform, especially in respect to jumpers and jackets. They should consider the uniform policy available on the school website. Students need to provide a parent note when out of uniform.

I look forward to a successful second semester and hope students and their families have a safe and relaxing break over the school holiday period.

# **Deputy Grew's Report**

- Years 8, 10 and 12

Parents, Students and Community Members, The Teachers and Executive are heavily involved in Semester Reports for Years 7 to 10. We continue to focus on students attaining their maximum Student Responsibility Average (SRA) as a means to maximising their results and Grade Point Average (GPA). The school dedicates significant time and energy into producing and distributing reports and each student is interviewed by a Deputy, Head Teacher or Year Advisor in that process. Mr Watkins has continued the school focus on recognising students that consistently score strong SRA results. These results reflect simple factors like organisation and effort as well as the capacity to interact well with teachers and students.

A selection of Year 10 students has also piloted some Practice Tests for the National Minimum Standards program. Over Terms 3 and 4 Year 10 students that have not reached the standards will have opportunities to sit practice and actual tests that will qualify them for the HSC credential. Students from Year 10 will have passed on a note regarding the program and the note is also available on Sentral. Some students have already attained the Minimum Standard via their Year 9 NAPLAN results and need not be involved in practice or actual tests this year.

I would ask all parents to attend to the school Facebook page. The achievements and efforts of students and staff are clearly apparent on the page and are impressive. Sports, Public Speaking, Volunteering, Academic Competitions and other extra-curricular activities are all apparent on the page. I am constantly excited about the efforts and outcomes of the students and staff at the school and encourage you to share this page with interested parties.

Finally, there are important dates approaching for Years 8 and 10. On 20.08.2018 students and parents are invited to consider elective options for 2019. Holsworthy High School's 'Futures Night' is an important component for informed choice regarding both ROSA and HSC accreditation. Students will receive specific information regarding these presentations early Term 3. The week after 'Futures Night' there will be a Parent Teacher Night that is also valuable in selecting future subjects, receiving feedback on student performance, and discussing matters of interest with the teachers.



#### **Bell Shakespeare**

On Tuesday 19<sup>th</sup> June students from Year 7, 8 and 9 attended the 1 hour in-school performance from Bell Shakespeare. Three actors presented **Shakespeare is Dead**.

Ironically, they dramatised why he's not dead! Why? It's been 400 years since his death and why are his plays still being performed to packed theatres all over the world? Well they performed the answers with a buffet of famous play scenes, soliloquies, themes, language conventions and historical information through laughter, entertainment and facts. They also included a question and answer segment.

Both students and teachers gave this performance an A+++. His ideas, stories and characters are still alive. His plays belong to us. Remember William Shakespeare's most famous quote, 'All the world's a stage, and all the men and women merely players: they have their exits and their entrances; and one man in his time plays many parts, his acts being seven ages.'

Thank you to Ms Portolan and the English Faculty for organising.





Congratulations to Ifeoma Obiegbu and Amanda Fayad who were well deserved winners of the Year 10 Public Speaking final in Week 3 this term.

All the finalists were to be commended on their efforts and professionally delivered speeches.







## Premier's Debating Challenge 2018

The Year 9/10 debating team participated in the first round of the Premier's Debating Challenge which tested their ability to work together as a team, as well as to think quickly and critically about the topic area of 'Education'. They argued against the topic 'We should stop teaching Shakespeare in secondary schools'. The topics for round two and three will be on the area of 'Sport' and 'Politics' respectively. We wish our students the very best of luck in the 2018 Premier's Debating Challenge!





Congratulations to Ifeoma Obiegbu (Year 10) and Declan Bateup (Year 11) for representing our school at the prestigious yearly event, Quota International, held at Casula Powerhouse Arts

Centre on 13<sup>th</sup> June.

Students had to undergo a personal interview on general knowledge of current affairs by a panel of three judges, then had to present a four-minute speech on a student's chosen topic along with a one-minute Ad Lib section.

Both students received a trophy, small gift and certificate. Holsworthy High School is extremely proud of these two outstanding citizens for representing our school with such poise, dedication and enthusiasm. Congratulations to both of you!

Thank you to Ms Portolan and Mr Pilja for organising and Mrs Bateup for the wonderful photos.



#### Year 12 Standard English Modules Study Day

On Wednesday 20<sup>th</sup> June students attended this highly anticipated and popular HSC event at Sydney University. Thousands of students from across Sydney attend this event every year run by the English Teachers Association; which always sells out early. Lecturers include NESA Curriculum advisors, HSC exam writers, authors and Senior HSC markers.



Lectures are based on the three modules students study in Paper 2 of the HSC Standard English exam.

Students attended the following lectures: *The Shoehorn Sonata, The Curious Incident of the Dog* in the Night-Time and *The Black Balloon.* 

Thank you to Ms Portolan for organising and Mr Radwanowski for supervising the students on the day.



## HSC QUESTION 2017

The significance of personal interactions lies in individuals gaining new perceptions of themselves and others. To what extent do the texts you have studied in this elective support this view? In your response, make close reference to your prescribed text and at least ONE other related text of your own choosing.



Early this term Year 8 students had the opportunity to participate in the **Medieval Show** incursion. They learnt about aspects of daily life during medieval times including warfare, diet, clothing, crime and punishment. Students had the opportunity to handle replica weapons and shields and some who were keen could try on the clothing, chain mail and helmets. They learnt about the harsh and public nature of punishments which were dealt to criminals during the medieval period. *(Medieval Show pictures on the next page)* 



#### WWI Incursion

This week, students from Years 9-12 discovered the challenges of being a soldier during WWI. They gained an understanding of the experiences of soldiers living and fighting in the trenches. The exhibition included a reconstruction of a trench, weapons, a uniform, and boots which would have been worn by a soldier.

During the presentation students could ask questions about the nature of warfare, which further enhanced their knowledge of the war. Keen volunteers had the opportunity to try on original clothing from the war.







#### Jewish Museum

Year 11 Modern History students visited the Jewish Museum in Darlinghurst on Thursday 14<sup>th</sup> June. The museum contains a vast display of information and artefacts which inform students about the experiences of the Jews during the Holocaust. Students listened to the story of Jack, a 90 year old Polish man who was a Holocaust survivor and how he has lived his life in Australia since the end of World War II. All the students would agree that Jack's story was amazing, and revealed the strength and determination he possessed to have lived through such a traumatic event.

#### Society and Culture PIP up date

Since the beginning of Term 4 last year, Year 12 Society and Culture students have been working on a major project known as the PIP (Personal Interest Project). Students choose a topic which they then research using appropriate methods including interviews, questionnaires and article analysis. Over the course of the year students work on the topic and collate their research to create a 4000-5500 word project. The final PIP is due on Monday 6<sup>th</sup> August (Term 3, Week 3). The PIPs are then sent to NESA for external marking. Good luck Year 12, make the most of the time that is left to organise and refine your work.

#### Stage 5 History PBL Projects

Year 9 and 10 History classes have worked exceptionally well on PBL projects this term. Year 9 students were incredibly ingenious creating exhibits for a World War One Memorial. Year 10 students focused on Protest Movements and discussed the successfulness of various protest efforts during the Vietnam War and Civil Rights Era, whilst creating historically accurate artefacts.







### Year 10 Commerce Market Day

Congratulations to Year 10 Commerce students for organising a very successful day as part of the topic Running a Business. As part of the topic, students are required to create a business which they must organise and be responsible for during the market day. The students gain a valuable understanding of the nature of business and challenges which must be overcome to be successful in the financial world. The day was a huge success and the class is to be congratulated for proving themselves to be such successful entrepreneurs. The students should be proud of their achievements and deserve to be commended for their decision to donate profits to the Cancer Council.

More pictures on the following page

## Commerce Market Day Wednesday 20th June

Cookie dough, fairy bread, lollies, toasties, scrolls, sausages, and brownies - the list goes on and on of all the different types of market stalls set up by students in Year 10 Commerce in the Quad on Wednesday 20<sup>th</sup> June.

It was a wonderful day with many opportunities to learn and we'd love to do it again! Thanks to Ms. Stephens for giving us the chance to develop our business skills in class. Secret shoppers moved amongst the stalls and voted on the most impressive stalls - Each group of students had to write a business plan to make sure we knew what had to be done and the risks

involved in running a business.

We were told to keep all the dockets so that we could claim back the costs of what we sold. We kept

records of the money brought in by selling our products, deducted expenses and the profit was what was left over. This was taxed at the company rate of taxation. This provides the money that we are giving today to the Cancer Council, the Year 10 Commerce Charity for 2018. *Written by a student in the Commerce class* 







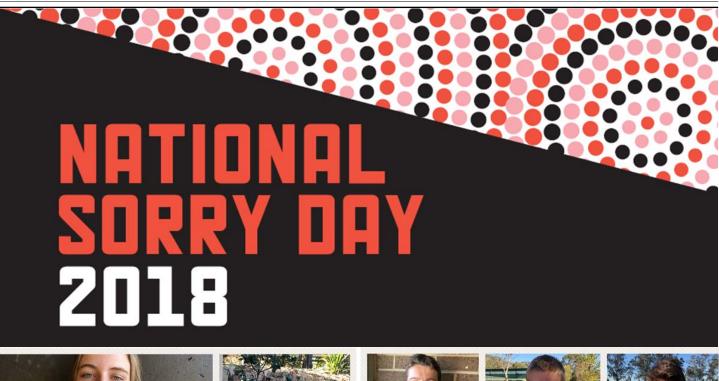


## Page 10

#### NEWSWORTHY



### Page 11





In observance of National Sorry Day, on the 26th of May, students decorated hands during HSIE.

#### Page 12





A big congratulations to Taylor Briggs who will be playing with the NSW State Wind Band in the Festival of Instrumental Music at the Sydney Opera House

## Well Done Taylor



#### The 2018 Holsworthy High School Art Competition opens 6/6/2018.



Holsworthy High School is proud to announce the 2018 Art Competition and exhibition.

This competition will highlight the artistic skills of students across Stage 4, Stage 5 and Stage 6.

Artworks will be judged by respected guest judges and prizes and certificates will be awarded for each Stage group.



- Entrants to this competition will create their own artwork depicting the theme Masks - 'The many faces we wear'
- The competition is open to students in Year 7, 8, 9, 10, 11 and 12
- Prizes are awarded to students in each Stage group.
- All winners and Highly commended recipients receive framed certificates.
- The school will exhibit the stage winners in the Principals office with People's Choice exhibited in the main school foyer
- A mask or drawings, photographs or paintings of a mask no larger than A3 are accepted

Applications available from Ms R Booker



The Visual Arts department will be running an

Art Club – Art Extra every Thursday afternoon from 3pm until 4pm in the art block.

Permission notes can be collected from the Art department.

For further information please see Ms R Booker

## Did you know that you can make payments to our school online?

We launched a new online payment portal last year linked to our school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

# What expenses can be paid online?

Voluntary School Contributions Subject Contributions Excursions Sport Creative and Practical Arts Sales to Students Other

## How?

Log onto the school website on www.holsworthy-h.schools.nsw.edu.au Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.

# TAS FACULTY Recipe of the month

# Year 11 Hospitality Staff Lunch recipe



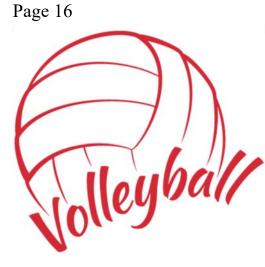
## Chicken and bacon burger

## **INGREDIENTS**

- 2 chicken breast fillets
- 1 loaf Turkish bread
- 1 tablespoon olive oil
- 4 bacon rashers, halved crossways
- 150g mixed salad leaves
- 1 just-ripe avocado, halved, stone removed, peeled, thinly sliced
- 1 ripe tomato, thinly sliced
- 1/3 cup (80ml) Paul Newman's Own South West Ranch Dressing

## <u>METHOD</u>

- Using a sharp knife to slice each chicken breast in half widthways. Place between 2 sheets of plastic wrap and using a rolling pin or meat mallet to gently pound to 5mm thick
- Cut the Turkish bread crossways into quartered. Split each bread in half.
- Preheat a barbecue or chargrill on high. Lightly brush the chicken and bread with oil. Cook the bread on chargrill for 1 minute or until toasted. Add the chicken to the chargrill and cook for 5-6 minutes or until golden brown and cooked through. Transfer to a tray. Add the bacon and cook, turning, for 2 minutes or until crisp.
- Place Turkish bread bases on serving plates. Spread with a little of the Paul Newman's Own South West Ranch Dressing. Top the bacon, chicken, avocado, tomato and salad leaves. Drizzle with remaining dressing and top with remaining bread slices to serve.



Congratulations to the girls volleyball team for coming 4th in South West Sydney region out of 42 teams during Week 7 this term.

They played exceptionally well against strong teams. We are very proud of all the girls for their efforts and dedication to training.





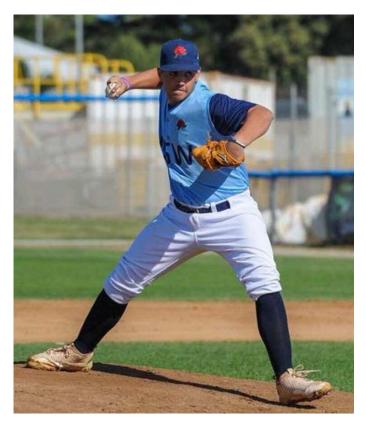


Congratulations to Year 11 students Thomas Hine (left) and Blake Cavill on their sporting success.

Thomas has been selected as a member of the 2018 Australian Age Group Multisport Team, travelling to Denmark in July, to represent Australia in the Sprint Duathlon at the International World Championships.



Blake, who was on the winning 17 & under Baseball team, has been selected as a member of the All School's Australian Baseball Team that will travel to America later in the year.



Congratulations to both students.

Holsworthy High School is incredibly proud of you



Page 18

## Defence Transition Mentor Term 2 Update

Here we are already near the end of Term 2. It certainly flew by and no wonder with all the activities and events we participated in the last 10 weeks.

## Bi-annual Kokoda Memorial Walk Cleanup

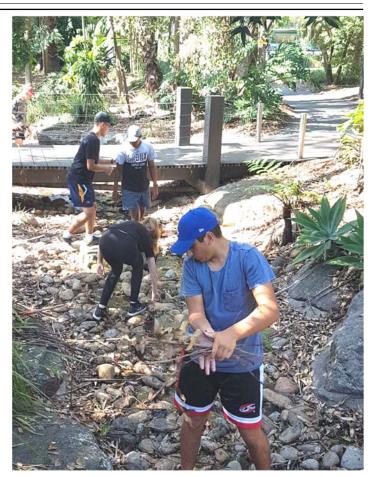
At the end of last term a number of Holsworthy High School's Volunteering Team conducted their annual cleanup of the Kokoda Track Memorial Walkway.

We have a strong connection with Mr Reginald Chard (Reg), the last remaining WWII Veteran of the Kokoda Campaign, who still does tours of

the track with many schools and hundreds of children.

At the age of 94, he really appreciates the help that Holsworthy High School gives him twice a year with general cleaning of the track, creek and the memorial stations.









I would like to take this opportunity to thank Defence Health who were kind enough to give Holsworthy High School funding for the food and beverages our guests enjoyed after our Anzac Day ceremony in week 1 of this term. The food was prepared by our Year 11 Hospitality class and our Year 10 Food Technology class attended to the serving.





Emily Clark was chosen by the Liverpool Leader Anzac Day Project to research a fallen war hero with the same name as hers. That hero is Christopher Clark who was on his first operation, Operation Crimp. He landed with his unit on January 8, 1966, a search and destroy mission in Ben Cat, Vietnam. Upon landing, one

of his mates was shot down and killed. Private Christopher Clark went to assist him and provide first aid, when he too was shot and killed, he was 20 years old. As part of our Anzac Day event for our guests, Emily presented her research.





*Emily and Tanaya with Christopher Clark's memorial in Holsworthy.* 

Junction Work's, Youth Click program met at Holsworthy High School in Term 2 for four Monday afternoons and at that time **Sydney Thunder** did workshops with students from our school. The workshops included (Leadership, Community, Managing Conflict and Dreams Workshops) along with some fun cricket activities. The participants also enjoyed a free healthy afternoon tea supplied by Junction Works.



Great news we have been accepted into the D'Arts Section of School's Spectacular again this year.



We have five students performing with two of them being from defence families. A big thank you to Defence Special Needs Support Group and Navy Health for their generous donations for our costumes and entry fees.



The Invictus Games 2018 - For Our Wounded Warriors - will be held in Sydney this coming October and Holsworthy High School have secured 30 tickets to the event.

The games have 500 competitors, 8 days of competition, 18 participating nations and 11 sports.

Lastly, on Friday 22 June Holsworthy High School was invited by the Liverpool Council and the Moorebank Heritage Group to have two of our defence students present a reading and a poem about the Holdsworthy Internment Camp that was located in WW1 on the grounds of Holsworthy High.

The day was dedicated to two internees Bartmann and Koboldt who passed away in the camp and whose headstones were restored and are now installed in the Liverpool Pioneers Memorial Park.



People left to right - Chaplain Kim Kuchel, Australian Army - Mr Klaus Steitz Deputy Consul General of The Federal Republic of Germany - Mayor Wendy Waller - Nathan Year 9 HHS - Sophia Year 11 HHS - The Reverend Stuart Pearson St Luke's Anglican Church, Liverpool.

Well done to Sophia from Year 11 and Nathan from Year 9 who represented the school proudly.

Please remember to let me know if a parent is away so that I can give your child/children extra support.

Tracey Carr – Defence Transition Mentor <u>Tracey.carr5@det.nsw.edn.an</u> or 9825 2888



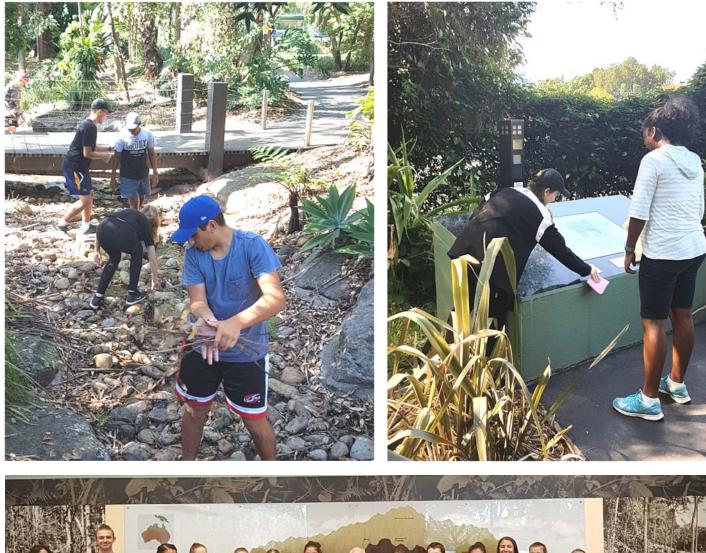
In Week 1 of this term our local Veterans united with Holsworthy High School to commemorate the end of the Centenary of ANZAC. Our school captains read the poem Fare Thee Well by Ken Davies, which poignantly ends: As always, 'We will remember them'.

## **Bi-annual Kokoda Memorial Walk Cleanup**

At the end of last term a number of Holsworthy High School's Volunteering Team conducted their annual cleanup of the Kokoda Track Memorial Walkway visit

We have a strong connection with Mr Reginald Chard (Reg), the last remaining WWII Veteran of the Kokoda Campaign, who still does tours of the track with many schools and hundreds of children.

At the age of 94, he really appreciates the help that Holsworthy High School gives him twice a year with general cleaning of the track, creek and the memorial stations.







#### **Teacher Accreditation**

LAZSTA is a NESA endorsed provider of professional development for the maintenance of accreditation at Proficient level.

Completing this program will contribute 60 hours of NESA Registered PD from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.



#### Support



We thank the support of WorldStride Educational tours

#### Open to all year 9-12 students and teachers Australia wide.



#### Expressions of interest and enquires

#### www.spacecamp.com.au

Australian Institute of Physics Outreach Award NSW 2014

Sydney Telegraph GoWest Community Award. Peoples Choice 2016



#### Proudly supported by



#### Saturday 29 September -Tuesday 16 October 2018



#### Opportunity

LAZSTA (Metropolitan South West Science Teachers Association) and iSTEM will again embark on an enrichment program that will see 56 teachers and students participate in the Space Academy Program at the US Space and Rocket Centre in Huntsville, Alabama.

This will be a once in a lifetime opportunity for teachers and students. Participants will be provided with opportunities for science enrichment and leadership development which will be supported with visits to science centres, schools and universities.

> Check out the other iSTEM science enrichment opportunities available at

#### www.istem.com.au

## **US Space** Academy and Field **Studies**



Teacher and Student Program

2018



#### Advanced Space Academy

During this week-long program trainees are provided with hands on training as well as learning about the mental, emotional and physical demands faced by astronauts. Fields of study include Engineering, Space Technology and Aerospace Science.



#### Activities

The program will also include visits to attractions in New York, Washington and Los Angeles.

- · California Science Centre
- Los Angeles Hollywood
- Venice Beach and Santa Monica Pier
- Griffith Observatory and planetarium
- Universal Studios • Fossil Tar Pits
- Ξ.
- Washington Smithsonian Museums · USS Intrepid Sea, Air and Space Museum
- Broadway show
- . Spy Museum
- · Disney California Adventure and more ...

# 2018 YEAR ADVISORS



Ms Siqueira Yr7



Ms Fenech Yr 8



Mr Al Khuzai Yr7



Ms Mikhail Yr9



Mr Di Martino Yr8



Mr Judge Yr9



Mr Spyroulias Yr10



Ms Booker Yr10



Mrs Harvey Yr11



Mr Wiles Yr12



Term two has been a vibrant and busy term for Year 7. They had a great start to the term with the Year 7 camp in week two. The attendance to the camp was impressive and it was great to see students starting to develop friendships and confidence.

Year 7 also participated in the cross country and it was fantastic to see so many budding athletes make it through to zone.

Term 2 has provided many immersion opportunities for Year 7 to support and enhance their learning. These included a number of excursions such as the Shakespeare is 'Dead' for English as well as the Warragamba Dam excursion for Geography.

Additionally, Year 7 were given the opportunity to attend Gala day participating in a number of different sporting events. The boys soccer comp as well as the girls touch football team won the entire cup. It was incredible to watch Year 7 win against other schools.

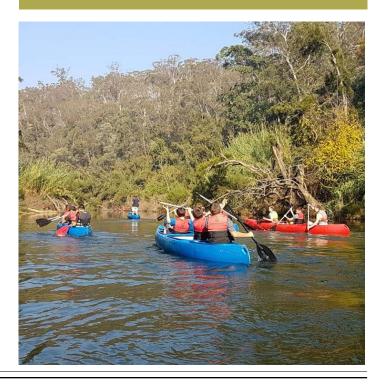
This term has also been academically challenging for year 7 as they sat the NAPLAN and had their first for exam period.

All students should be commended on their effort this term.





# Year 7 Camp



#### Page 26

Term 2 has been busy and productive for Year 8.

The term started off with the school's annual **Cross Country Carnival**. It was a beautiful, sunny day, and many of our students performed incredibly well, with many being chosen to represent Holsworthy High School at the Zone Cross Country Carnival. Congratulations to all of our students who were chosen to compete at Zone.



An enjoyable activity that Year 8 students participated in this term, was the **Medieval Show** as a part of the History Course. Students attended an incursion in the school hall, where they learnt about life during medieval times, whilst exploring weaponry and armour. The students also had the opportunity to dress like a Knight, and shoot bows. The students learnt about crime during the time period and the types of medieval punishments people faced. It was an engaging experience for all of the students. This term, as part of Year 8's Wellbeing lessons, they have been participating in a program called "Rock and Water." The aim of this program is to create Rock and Water students, that is, students who are aware of their own qualities, and who are willing to discover their own path and manage the responsibilities and obstacles they encounter throughout their lives. Skills are first introduced to students by way of physical exercise. From this point, the students have a discussion to make connections to social and mental skills to assist them with challenges they may face.







#### Year 8 Report continued

This program does not just teach students to be passive. They also learn to be assertive and to know when to be strong like a rock. An example of this is the activity "The Kiai." During this activity the students use to learn their voice and to make eye contact to be assertive and to ensure that a person who may be bothering them clearly understands that their behaviour is unwanted. This has taught students to be confident when standing up for themselves, and to learn when to be assertive.





Shortly, Year 8 will receive their Semester One reports. We believe a student's greatest measure of success is their behaviour and their work ethic in the classroom. This is indicated by the student responsibilities indicated on their reports. Teachers will specify how respectfully students interact with others, their level of participation in class and the efforts they demonstrate when completing class work.

We are looking forward to discussing the students' progress with them and welcome feedback from parents and carers.

## **Parent Information**

Every year we are asked to update our records. Part of this update is to register each child's parent's level of education and their employment status.

This information is used to determine part of our financial allocation for the year.

We understand that some of this information is sensitive and can assure you that any details are held in confidence.

If your circumstances have changed since you enrolled your child at Holsworthy High could you please contact the school as soon as possible so we can adjust our records.

# Year 9

Throughout 2018, for one period every cycle, our Year 9 students have been engaging in Wellbeing studies with Year 9 Year Advisor Mr Judge. The Wellbeing program has been specifically designed to target important aspects of our students academic and social development here at Holsworthy.

One important dimension of the program is to make explicit the meta cogntive skills and strategies needed for success. Academic tasks can be daunting, but knowing how to approach a project enables students to be more mindful of what they are doing and why, also addressing how the skills they are learning might be used differently in different situations. Often students can feel inadequate in their understanding, which can then manifest in a range of negative forms: stress, task avoidance and self sabotaging behaviours.

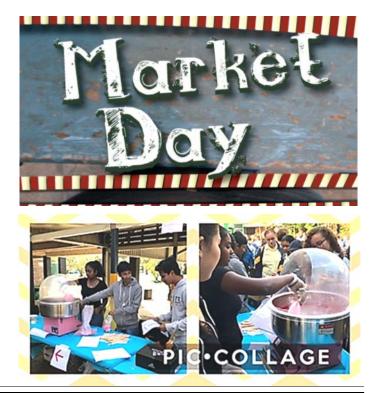
The psychology of achievement is a complex entity. Sometimes when a skill does not come easily to us, we compare ourselves to others and assume it is because we lack something vital. This kind of thinking comes from a "fixed" mindset. Thinking that our intelligence is fixed and our limitations define us. We want our students to own a "growth" mindset."In a growth mindset, people believe that their most basic abilities can be developed through dedication and hard work—brains and talent are just the starting point. This view creates a love of learning and a resilience that is essential for great accomplishment," Dweck (2013). A great example of this credence is Michael Jordan the famous Basketball player who once said, "I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.".....

See you in Term 3

Ms Jacqueline Mikhail Year Advisor



Year 10 Commerce and Ms Stephens organised and ran a wonderful Market Day in Week 8 this Term. Cookie dough, fairy bread, lollies, toasties, scrolls, sausages and brownies were some of the fabulous stalls set up by our students.



#### Page 29



Leadership has been a theme throughout Term 2 with several of our students getting involved in different opportunities to develop their skills. In the April school Holiday's Jessica McLean

was one of 40 Year 11 female students selected to participate in the UBS Young Women's Leadership Academy held by the Women's College in Sydney University. During this time Jess billeted with a third year law student while she was



involved in leadership skills, lectures from young female leaders from UBS and in a variety of tours in the university grounds and around Sydney. This was a fantastic opportunity for Jess, and I am extremely proud that she applied and accepted this opportunity to further develop her leadership skills.

In May, two of our Year 11 students- Anushka Kumar and Jayde Woodley led workshops at the "Being 10: Empowering the Powerful"

program which allowed them to improve leadership skills in young women.



Andrew Hillerary is representing Year 11 and promoting the Invictus games with Ms Brown. He was involved in presenting to the school about the Invictus games for our wounded warriors.



A small group of Year 11 students attended You Day at WSU with Ms Brown and Ms Stoppino, gaining further insight to potential University. Thank you to Ms Stoppino for stepping in as Year 11 adviser for three weeks.



Finally we wish Thomas Hine all the best as he participates in the International Triathlon Union (ITU) Multisport World Championships in Odense, Fyn, Denmark. He races the Sprint Duathlon (5km run, 20km bike, 2.5km run) on the 8th July. Good Luck!!



A very busy term is almost over and students will be looking forward to a good holiday break. Year 12 have 1 term remaining with Trial HSC exams starting on Week 5 Term3 (August 20).

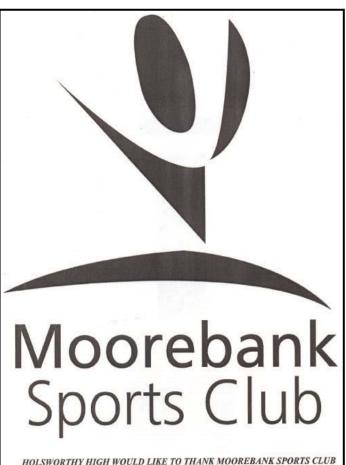
A letter detailing the events planned for Year 12, including final costings and consent notes has been handed to students. I hope that all Year 12 will participate in all these memorable events.

To help planning for both students and caregivers, I can confirm a few key dates for this year:

- HSC trial exams Mon 20<sup>th</sup> Fri 31<sup>st</sup> August
- Year 12 Picnic Day Wed 26<sup>th</sup> September
- Graduation assembly Thur 27th September
- Commencement of HSC exams Thur 18<sup>th</sup>
  October
- Year 12 formal Monday 12<sup>th</sup> November

Best wishes, Mr S.Wiles Year 12 Advisor

> Please ensure Student and Family information is up to date

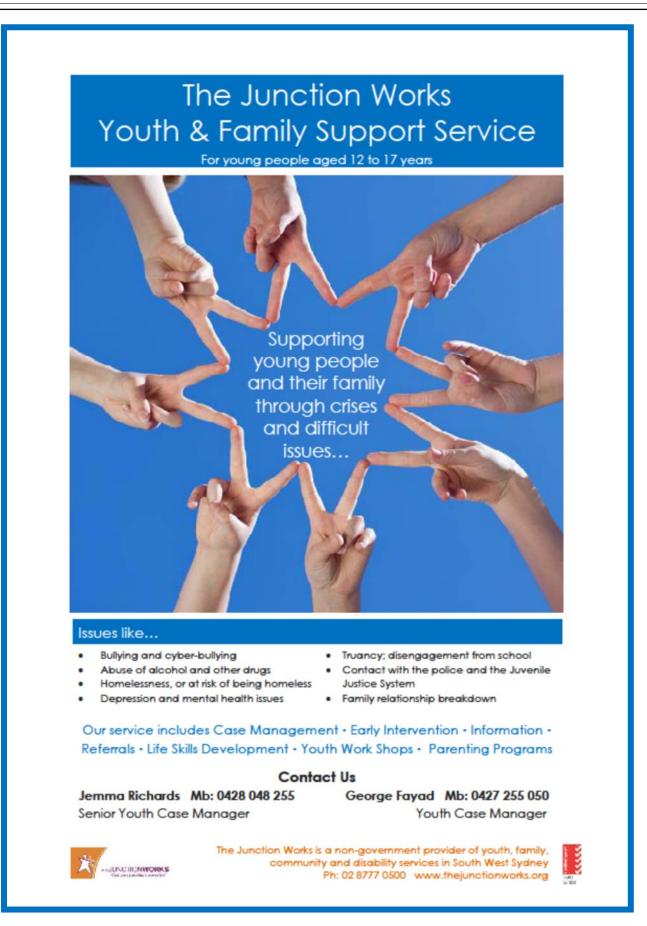


HOLSWORTHY HIGH WOULD LIKE TO THANK MOOREBANK SPORTS CLUB FOR SUPPORTING THE HOLSWORTHY COMMUNITY OF SCHOOLS





Fx 82AU Casio Scientific Available from the canteen **Cost:\$25.00** 





#### Page 33

#### School Zone Penalties Effective 1 July 2017 \* The values are doubled during designated holiday/long weekend periods Offence Minimum Minimum Loss of Fine Demerit Points Stop on or near: A pedestrian crossing \$439 2 2 A children's crossing \$439 \$439 2 Any marked foot crossing Double park \$330 2 Park on a footpath or stop across a \$330 2 driveway \$330 Make an illegal U-turn 3 Exceed 40km/h in a school zone in a light vehicle: 10 km/h and under • 2\* \$192 Over 10 km/h 4\* \$346 Over 20 km/h \$576 5\* Over 30 km/h \$1.115 6\* \$2,530 7\* Over 45 km/hr . Use a mobile phone while driving \$439 4 Fail to give way to a pedestrian \$549 4 Reverse unsafely 3 \$257 Parallel park close to dividing line/strip 2 \$330



The minimum penalty for disobeying 'No Parking' is **\$183** and **2 demerit points.** You may only stop here for **2 minutes** and must stay within **3 metres** of your vehicle.



The minimum penalty for parking in a 'Bus Zone' is **\$330** and **2 demerit points.** 

You cannot stop here at all.



The minimum penalty for disobeying 'No Stopping' is **\$330** and **2 demerit points.** 

You cannot stop here at all. Parking on nature strips is also illegal.



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#### Page 34

#### NEWSWORTHY

#### Australian Government Child Dental Benefits Schedule

\$**1000** 

#### FREE DENTAL FOR ELIGIBLE KIDS EVERY 2 YEARS

FUNDED BY THE AUSTRALIAN GOVERNMENT

The Child Dental Benefits Schedule, or CDBS, is a government initiative providing \$1000 of free dental benefits to children aged between two to seventeen who meet the eligibility criteria. This \$1000 will be valid every two calendar years and continue until your child is over 17 years of age.

The CDBS will commence on 1 January 2014. This \$2.7 billion investment will provide a Government funded capped benefit entitlement to eligible childrens and teens for basic dental services. It is estimated that around 3.4 million children aged between two and seventeen years of age, meeting the requirements of a means test, will be eligible each year.

Services for basic dental treatment such as simple check-ups, x-rays, fillings and extractions will be covered under the CDBS. High end services, such as orthodontic treatment will not be covered.

More information is available on the Department of Health website http://www.health.gov.au/ dental. Information regarding how to claim the benefits and other operational responsibilities in accordance with the scheme will become available in December through the ADA. We will keep you updated if any changes are made to the CDBS. If you have any questions regarding the details of the scheme please call Medicare on 132 011.





Oral Hygiene Gum (Periodontal Disease) Mouthguards Fillings, Crowns & Bridges Endodontic Treatment Wisdom Tooth Removal Dental Implants Teeth Whitening TMJ Anxious Patient Care

Orthodontics

37 Stockton Avenue, Moorebank NSW 2170 T 02 9601 2260 E info@moorebankdental.com.au W www.moorebankdental.com.au

# P & C Meeting Dates 2018

#### The next meeting of the P & C for 2018 will be held on 27 August at 6pm in the Learning Centre

We would like to encourage all parents to attend our P&C meetings to find out in more detail what happens at our school.

Future planned meeting dates for 2018 are:

- 17 September
- 5 November
- 10 December







### DATES TO REMEMBER



Friday 6 July Tuesday 24 July Monday 30 July Monday 13 August Monday 20 - Friday 31 August Wednesday 22August

Monday 27 August

Tuesday 28 August

Monday 17 September

Thursday 20 - Friday 28 September

Wednesday 26 September

Thursday 27 September

Friday 28 September

Last Day of Term 2 First day of Term 3 for students Sport/Extra Curricular Photo Day Futures Night Year 12 Exams Parent Teacher Night—whole school 4.00pm—8.00pm P & C Meeting COS Challenge Cup P & C Meeting Year 11 Exams Year 12 Picnic Day Year 12 Formal Assembly

Last day of Term 3

Reminder: Students need to arrive at school by 8:40am for roll call each day.

All Students must carry their Library ID Card with them at all times.