



# NEWSWORTHY

HOLSWORTHY HIGH SCHOOL

Website: <http://www.holsworthy-h.schools.nsw.edu.au>

Term 4  
2019

## PRINCIPAL'S REPORT

As I begin to write this article, it is difficult for me to comprehend the multitude of highlights from the year. If you are a follower of our school facebook page, you would have some idea of the variety and volume of outstanding achievements of our students, from excellent results in academic competitions to competing at national and international sporting events. We have had students receive prestigious awards and others perform at the School Spectacular. Many of our students have supported others through volunteering their time to be involved in fundraising, after school clubs and activities with our feeder primary schools. These are just some examples from this term alone.

This year, we officially began our new student leadership program and house system, which have both been great successes. Our Senior Student Leadership team now run our formal assemblies each term which includes everything from developing the agenda and liaising with staff to organising performances and encouraging students to present. Each assembly has been well organised and very engaging. Our SRC students often speak at these assemblies and students involved in our Tech. Team provide technical and back stage support. Thanks to Mrs Harvey, Ms Brown and Mrs Grant for their great support of these teams.

Students have contributed points to their respective houses – Bardia (Red), Heathcote (Yellow), Infantry (Blue) and Huon (Green) – through their performances at our sporting carnivals, participating in our volunteering program and by gaining merit points throughout

the year. Congratulations to all students and staff from Heathcote, who were inaugural winners of our new House Cup.

For the third consecutive year, Holsworthy High School students have achieved above state average growth in literacy and numeracy for NAPLAN. This is a significant achievement because it shows that our students are improving at a greater rate than students from the majority of high schools across NSW. In fact, Holsworthy High School is considered to be 'Excelling' in this area. Students have performed exceptionally well in academic competitions, including high distinctions, credits and merit awards in ICAS English, Writing, Spelling, Science and Mathematics competitions. These accomplishments, and many more like them in recent years, highlight what students can achieve at Holsworthy High School.

Holsworthy High School also completed External Validation this year. The school was validated by an external panel as 'Excelling' in the Schools Excellence Framework domains of:

- Learning Culture
- Wellbeing
- Educational Leadership
- School Planning, implementation and reporting
- Management practices and processes.

This result was enabled by continuing efforts of staff and students across this year and preceding years and is a great reflection of our commitment to ongoing improvement as a school.

*Continued on next page*

**OUR SCHOOL - COMMITTED TO QUALITY AND  
EXPECTING THE BEST FROM EVERY STUDENT**

At the end of this year, we say goodbye to Ms Blazevska, Mr Mapstone, Mr Reddy, who has been at Holsworthy High School for 29 years and Mr Monte, who is taking up an opportunity as Deputy Principal at Airdes High School for 2020. I would like to thank them for their contributions to our school and their support of our students. We wish them all the best for the future. I would also like to make mention of our P&C President, Mrs Kathryn Hopes, who will step down from her position at the beginning of next year. Her support of our school in obtaining grants, such as the one that resulted in the air conditioning the school hall, the development of the Community Garden with SCRAP and the running of our school canteen is greatly appreciated.

Finally, I would like to wish you all a happy and safe holiday period. Thank you for your support this year and I look forward to working with you all again in 2020.



And the Winner is...

**HOUSE POINTS TALLY: 16/12/19**



15,117



12,748



14,290



13,366

# Deputy Principals' Report

All Years

It has been a very successful year for our school, marked by outstanding student achievement across a range of academic and extra curricula areas. These achievements will be recognised at our Presentation Night.

School reports across all year groups will be distributed in the last two weeks of this term. They can also be accessed electronically through the parent portal. A team of Year Advisers, Deputies and Head Teachers will individually talk to all students about their academic effort and achievement this semester. Ms Brown, the Career Adviser and Ms Carr, the Defence Transition Mentor also assist with the process, providing advice and support where needed. Students will be encouraged to think about their learning goals for next year.

Year 6 students recently visited our school for their Orientation Day. It was a great opportunity for them to meet teachers and gain an awareness of high school organisation and the curriculum we offer. Peer support leaders were able to show them around the school and SRC students organised a free barbeque lunch. We look forward to welcoming them into our school next year.

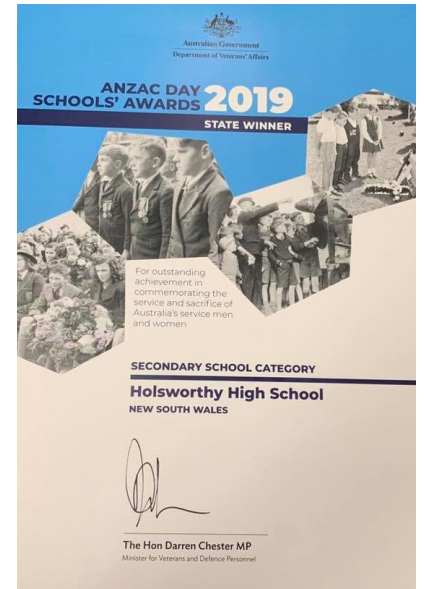
Students entering Year 9 and Year 11 next year have made their subject selections and have increasing autonomy over the educational pathways they follow. Students will be able to access resource lists and assessment policies

for each year via the school website in the next few weeks. Students from Years 10 to 12 that miss assessment dates or exams must provide documentation, usually medical, to explain any lack of attendance. It is important that parents and students consider this factor in planning holidays, appointments and activities. Related to assessment policy information is student attendance. NESA recommends a minimum attendance of 85% to successfully complete any course. For students in Years 10 to 12 it is also essential for students to attempt all assessment items and course work to attain the ROSA or HSC. Holsworthy High School maintains a high expectation of academic achievement for all students and punctual and strong attendance definitely promotes students attaining their best results.

As students and parents look toward next year they will be thinking about uniform and should consult our School Uniform Policy which includes clear advice and pictures in regards to uniform. The policy emphasises our belief that, 'School uniform promotes a sense of belonging for students and creates a positive identity for the school community'. We are endeavouring to strengthen our 'uniform pool' to support students and families adhering to the policy. Any donations would be greatly appreciated and can be handed in at the office.

Finally, Mr Grew and I look forward to working in partnership with students, staff and parents to continue to strengthen our school community in the New Year. We would also like to wish families a safe and enjoyable holiday.

# SPECIAL RECOGNITION



## STATE WINNER

### Holsworthy High School NSW

This school's entry clearly demonstrated a commitment to learning which focused on Australian wartime history throughout the year and across all year levels. It was encouraging to see student involvement in both the *Celebrating peace in Liverpool Armistice Poetry Competition* and the *Premier's Anzac Memorial Scholarship*. The restoration of the school's flag monument encouraged not only the students' participation, but also further research of the site and its importance. The judges thought their entry extended beyond the classroom and provided an effective learning experience for participants and viewers.



# Sporting Success

Congratulations to Thomas Hine on receiving the Liverpool Young Achievers Award for Excellence in Sporting Achievement.





## 2019 ART COMPETITION WINNERS

Congratulations to the winners of the 2019 Art Competition. The entries were all very impressive and the winning entries will be hung in the Principal's office next year. Well done everyone.





## ENGLISH and DRAMA NEWS

In this newsletter, we will review Year 10 English.

Year 10 English comes under the umbrella of Stage 5 which was outlined in the last newsletter.

*'By the end of Stage 5 students respond to and compose a comprehensive range of imaginative, factual and critical texts using different modes and technologies. They enjoy, reflect on, critically assess and articulate processes of response and composition. They respond to and compose a wide range of simple and complex texts for pleasure, critical analysis and information-gathering, varying their approach according to a text's purpose, audience and context. They focus on details of texts to analyse meaning, perspective, cultural assumptions, ideologies and language.'* - NESA Stage 5 English Syllabus

**Over Stage 5, students must write, speak, view, read, listen to and view a variety of texts that are appropriate to their needs, interests and abilities. These texts will become increasingly sophisticated as they move into Year 10.**

They will study poetry, film, fiction, non-fiction, drama and speeches through a variety of different contexts and themes including texts that are visual, printed, spoken and in multimedia formats.

**Units of work** cover a wide range of texts and skills including:

- Close study of literature (e.g. novel, drama, poetry, Shakespeare)
- Film study
- Media study
- Speaking activities
- Wide reading
- Essay writing
- Composing own texts
- Visual texts

Some popular Year 10 English texts included for study this year were:

- *Lord of the Flies*- William Golding
- *Divergent*- Veronica Roth.
- *The Help*- Kathryn Stockett.
- *To Kill a Mockingbird*- Harper Lee
- *Raw*- Scott Monk

A notable poet studied was Wilfred Owen; however, poetry also included the study of thematic poems and a variety of poets.

NESA supports schools with a selection of prescribed texts and we are always changing and updating our class text lists.

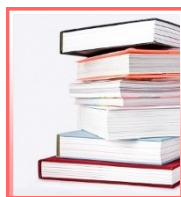
Some of the text titles selected are shown below:



## Extension Opportunities in Year 7-8 English, Maths and Science

This year, Holsworthy High School participated in the world-renowned ICAS Assessments. ICAS is developed by UNSW Global, a wholly owned subsidiary of the University of New South Wales, with over 35 years experience in educational assessments.

The assessments are suitable for students wishing to extend themselves academically and take up the personal challenge of competing in an international assessment. Students are presented with high-quality, expert-developed questions, allowing them to apply their learning without the need for prior study or revision.



## ENGLISH and DRAMA NEWS continued

ICAS is the most comprehensive assessment program with schools in over 20 countries participating every year.

ICAS Assessments this year were run online, a move that reflects a sector-wide transition to computer-based assessment. This allowed greater accessibility for students and faster delivery of results.

Partnering with UNSW Global, the following subjects were offered to students to complete: Digital Technologies, Science, Spelling Bee (Year 7 only) Writing, English and Mathematics. These tests ran over a two-week block on selected days. Students had the opportunity to select to sit all texts or nominate any of the above subject areas.

The English, Mathematics and Science Faculties this year gave students in Year 7 and 8 Enrichment classes an opportunity to sit for the University of NSW ICAS exams in July and August.

Holsworthy High School would like to acknowledge the following students for participating and achieving excellent results in the ICAS competition this year. Distinction, Credit and Merit awards were acknowledged and presented at our Formal school Assembly on Wednesday 4 December. Participation certificates were presented to students at year meetings.

### Science ICAS

Craig Bagnall, Jack Salzmann, Gene Thiselton  
- **Merit**  
Andrew Karavolas- **Participation**

### Digital Technologies

Gene Thiselton- **Distinction**  
Rachael Bolger, Nur Syed, Andrew Karavolas-  
**Participation**

### Spelling Bee

Craig Bagnall- **Distinction**  
Rachael Bolger and Nur Syed- **Participation**

### Writing

Craig Bagnall- **Credit**  
Nur Syed- **Participation**

### English

Rachael Bolger- **Merit**  
Craig Bagnall and Nur Syed- **Participation**

### Mathematics

Gene Thiselton- **Merit**  
Rachel Bolger and Jack Johnson- **Credit**  
Emma McKay- **Participation**  
Craig Bagnall  
Nur Syed  
Kunal Kargane  
Jack Salzmann  
Andrew Karavolas

Thank you to Ms Portolan, Mr Ponton and Mr McDonald for organising and administering these tests.

As we come to the close of yet another busy, challenging and eventful year, we reflect on the wonderful academic and extra curricula achievements in English. We have continued our interschool public speaking and debating competitions. It was also the year we combined Drama, Music, Dance and Art in this year's annual CAPA evening with the joint primary schools. We ran our yearly English/HSIE excursion to the Maritime museum, Harbour Bridge and the Sydney Opera house to watch Shakespearean theatre. Our partnership continued with Bell Shakespeare in offering our students wonderful performances here at school. Juniors and seniors had the opportunity to attend live theatre such as the Martin Lysicrates performance. Our seniors attended HSC study days at Universities and here at school. We continued to grow our text list of books and refine all our assessment tasks, along with extending our students through world renowned ICAS assessments.

In summary, it has been a very successful and rewarding year. We'd like to thank all the English teachers, students and parents for their hard work, support and enthusiasm that has been most evident this year.

We wish you all a happy Christmas and a wonderful New Year.





## HSIE NEWS

Term 4 has been busy with all students in Years 7 to 10 completing their exams and finalising assessment for the end of year reports.

*Year 12 students* are almost finished the first HSC topic and will have completed an assessment task by the end of the year. A reminder to students to be organised with all of their topic notes and to use the syllabus as a checklist. Revision is also encouraged.

### SOCIETY AND CULTURE PIP STUDY DAY

*Society and Culture students* went into the city on Monday 18<sup>th</sup> November for the PIP Day for the 2020 HSC. The day is designed to introduce students to the **Personal Interest Project** and what the requirements are in completing one. The Personal Interest Project (PIP) is a major piece of research worth 40% of the total HSC mark. The students select a topic or create a question to investigate and then undertake research using a range of methods including interviews, focus groups and article analysis. They must analyse and evaluate the findings of their research in a written report of approximately 5000 words.

This year students are researching topics including –

- *Mental Health of Women in the Police Force*
- *Is veganism the answer to sustainability?*
- *How has male masculinity developed through rap culture?*

Students are encouraged to complete some work for their PIP over the Christmas holidays. An opportunity might come up to conduct an interview with people relevant to your research topic. There will be a formal assessment task in term 1 for the PIP. They are also encouraged to visit the State Library themselves to conduct research relevant to their PIP topic.

### YEAR 12 GEOGRAPHY FIELDWORK TO MINNAMURRA 2019

Year 12 participated in fieldwork on the 5<sup>th</sup> of November as part of the topic 'Ecosystems at Risk'. The focus of the day was investigating the threats and vulnerabilities the rainforest was undergoing. Part of the threats students were informed about the different management strategies undertaken by Wollongong City Council that were introduced to assist in the preservation and long term survival. Students then completed an assessment task relating to the fieldwork findings. The fieldwork is a compulsory part of the senior Geography course as it enhances knowledge, understanding and skills development.



## 7 E GARDENING PROJECT

7 E have been involved in a community gardening project which is managed by Peter Carroll at SCRAP located next to the school. The project was a cross curricular activity with Science and designed to enhance their understanding of issues relating to environmental management. Students took part in a range of activities in Terms 3 and 4.

***The following article is a group effort by some of the students in the class.....***

*At the start of term 3, our science teacher, Ms Gorgovski and our Geography teacher, Ms Walker informed us about a unique program called SCRAP. This program is designed to give young students like us the understanding of Australia's beautiful and native species, both Flora and Fauna. What I've learnt in this 20 week course is the understanding of how precious life can be and how this generation have their minds stuck to one thing, technology. I strongly advise all students, young or old to take this course, to take a step outside your comfort zone, to think outside the box and to see nature at its best. A workshop that had struck out like lightning to me was the native bee workshop as I love fauna and we got the chance to interact with the bees. – Fardeen*

### **What I learnt from the project.....**

*Scrap taught me many things and I really enjoyed my experience there. We got to learn about different plants and animals and what people used the in the olden days which I found very Interesting. **Pari***

*I learnt all about what to do in the garden ranging from plaiting garlic to planting all sorts of plants. **Rachael***

*Doing SCRAP has taught me all about the plants of Australia and the and the insects that help us grow plants - **Eryn***

### **What I found most interesting.....**

*I found it very interesting when we learnt about all the different ingredients that are used to cook with that we have in our garden, also I found the bees and chickens very fun to be around – **Pari** What I found interesting was all of the work with the animals, mostly the bees. I liked doing all of*

*this stuff with my friends – **Rachael** I found learning the different plants was interesting and sowing the seed of the rocket – **Eryn***

### **What I would like to know more about.....**

*I would like to learn about the animals in a more in-depth way and about all the plants we have – **Pari***

*I would like to do/know more about the actual planting process – **Rachael***

*I would have loved to learn more about the animals of Australia and the roles they have - **Eryn***



## YEAR 7 GEOGRAPHY WORLD HERITAGE WRITING

As part of the topic *Landscapes and Landforms* year 7 conducted research on World Heritage Sites. They had to propose a new site in the Sydney region to be listed as a world heritage site. As part of the task, they had to write a proposal and provide supporting evidence relating to the UNESCO World heritage Criteria.

*Students in 7E deserve a special mention for the outstanding quality of their assessment research. They also wrote well-structured and convincing arguments to support their proposals that a place be listed as a World Heritage Site.*

*The following excellent pieces of work are a credit to the students.*

### **The Rocks World Heritage Proposal by Matilda 7E**

Some places in the world are beautiful, some hold natural or cultural significance. The Rocks, Sydney is a combination of all of these, and it should be protected. The job of the UNESCO World Heritage mission is to recognise and protect these sites and I think this stunning historical site deserves some attention. The Rocks hold great cultural, natural and aesthetic importance and was one of the first European settlements in our amazing country. The Rocks is a very important part of Sydney's and Australia's heritage and I strongly believe The Rocks deserves a heritage listing. If you don't know much about The Rocks, maybe you know about Botany Bay. Botany Bay was where the First Fleet landed on the 24<sup>th</sup> January, 1788. Botany Bay is a very significant location in Australia's colonisation as the very first colony was formed near there. After the arrival Botany Bay was found to lack the fresh water resources needed for settlement and so the First Fleet was moved to Sydney Cove which is where the Rocks stands today. The Rocks also contains many of the original houses and buildings that existed in convict times. Many of the hand-made buildings that you would see if you went there still remain and were made by convicts over 200 years ago. The Rocks is also a very significant site for the Aboriginal people the *Eora* as it is the place of first contact with Europeans. *Eora* people named the site *Warrane* and it was a very important part of the daily lives. If this is not cultural significance then I don't know what is! This historical location needs protecting and must be world heritage listed.

Additionally, I believe The Rocks needs heritage listing as the site is a great tourist attraction because of the aesthetic and natural features. The Rocks has a lot of cultural significance, but also displays beautiful natural features every day: *as the sun hits the water and makes it glisten, or as the sun rises on the very top of the historical buildings.* This makes it a major tourist attraction. Imagine if this site doesn't get heritage listed and developers buy this harbour side land. They may knock down all of the historical buildings to make sky rises, then all the people of Australia and beyond will not get to learn and embrace Sydney's rich history. If this site is heritage listed, this will never happen and this story will stay well protected forever. That's why the site needs protecting.

In conclusion, I strongly believe The Rocks, Sydney should be protected. It holds great cultural importance, as it is a significant site of Aboriginal occupation and one of the first European settlements during the time of colonisation. The Rocks is also a major tourist attraction as it is rich in history and natural beauty. The Rocks is so important in Sydney and even Australia's history, and should be kept safe.

That's why it has to be heritage listed.



Source: <https://www.tripsavvy.com/the-rocks-in-sydney-walking-tour-1464315>

## Royal National Park World Heritage Proposal by Jack S 7E

It is important to protect and preserve some places because of their history, natural beauty and diversity. As you know you do this with your program to list things as world heritage. For these reasons, I would like to propose a new world heritage site: The Royal National Park located at Stanwell Tops. This site is worth protecting because of its significant natural habitats, biological diversity and its endangered species. This meets criteria ten. The national park also has areas of incredible natural beauty and aesthetic importance, which meets criteria 7 of the UNESCO guidelines. Now let me go more in depth about these criteria listing options.

I believe that the Royal National Park should be listed as world heritage because of its significant natural habitats, its biological diversity and its endangered species. The park is home to many animal habitats and animals. The park is home to an endangered species of birds like the black cockatoo, which has an amazing call and is a rare kind. The park is also home to another rare species of bird which is the elusive lyrebird. It also has many beautiful habitats like the lyrebird's secluded and hidden nests in the dense forest. There are also massive lakes and swimming holes teeming with life. As you can see, this area fits criteria 10 easily making the Royal National Park a viable option. Still not convinced? How about I show one more reason like criteria number seven.

Another reason I believe the national park deserves to become a world heritage site is because it has areas of incredible natural beauty and aesthetic importance. The park has many various tracks and spots of beauty. For example, the coastal walk which runs from Bundeena, to Wattamolla and is surrounded by stunning views. If you do this walk in July you will see the hump back whales migrating south. The park also has many forest views and beautiful and stunning landscapes. Now you best believe this was criteria seven.

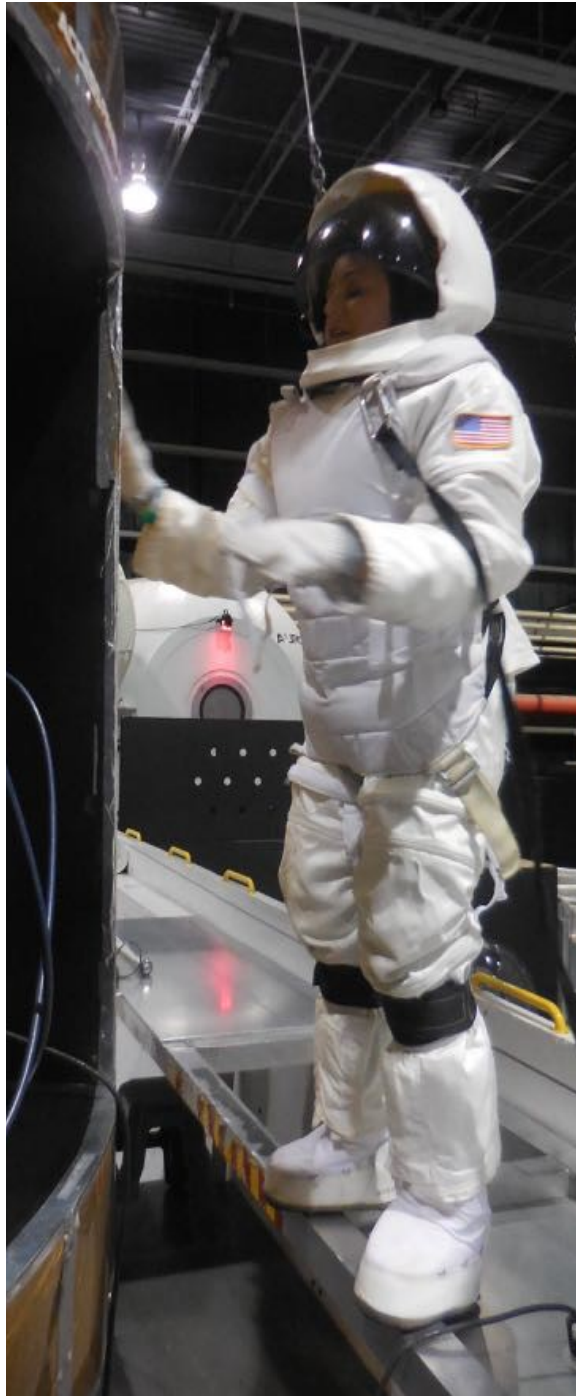
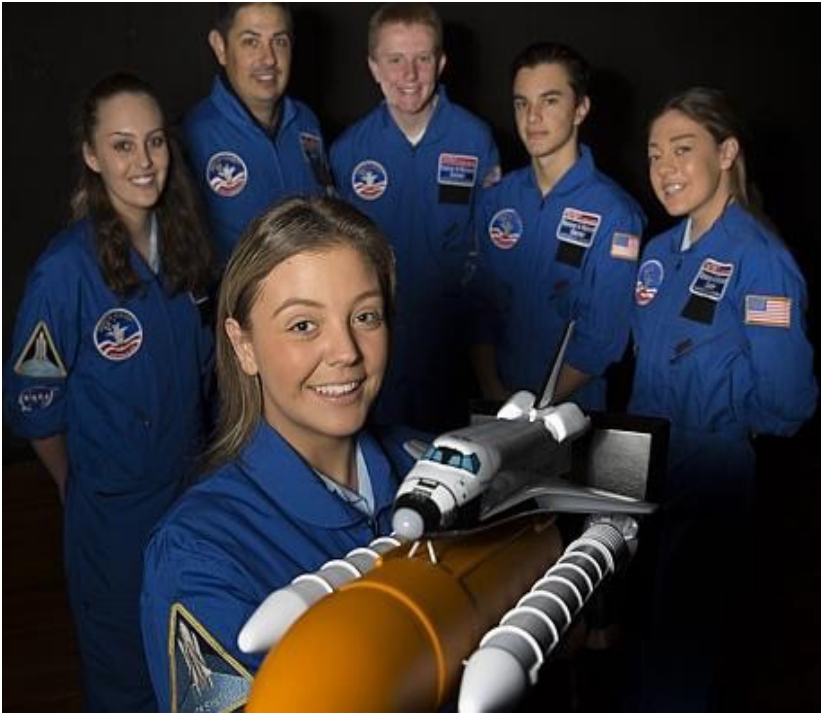
In conclusion, after showing you the reasons why the Royal National Park reflects criteria seven and ten, I hope you agree that it should be a World Heritage Site. Listing the park would benefit everyone and the animals who live there. I hope you will consider this proposal on behalf of the animals and plants that exist in the area.



Source: [https://www.google.com/search?q=royal+national+park+bundeena&rlz=1C1GCEV\\_enAU835AU836&sxsrf=ACYBGNTQ28u8Ubfgccn6jH00oeErDDfwjw:1576030624993&source=Inms&tbm=isch&sa=X&ved=2ahUKEwjv6LrMw6zmAhU86nMBHZM7BesQ\\_AUoAnoECBEQBA&biw=1440&bih=789&safe=active&ssui=on#imgrc=Ski1GYYd6pGS3M:](https://www.google.com/search?q=royal+national+park+bundeena&rlz=1C1GCEV_enAU835AU836&sxsrf=ACYBGNTQ28u8Ubfgccn6jH00oeErDDfwjw:1576030624993&source=Inms&tbm=isch&sa=X&ved=2ahUKEwjv6LrMw6zmAhU86nMBHZM7BesQ_AUoAnoECBEQBA&biw=1440&bih=789&safe=active&ssui=on#imgrc=Ski1GYYd6pGS3M:)

[https://www.google.com/search?q=royal+national+park+bundeena&rlz=1C1GCEV\\_enAU835AU836&sxsrf=ACYBGNTQ28u8Ubfgccn6jH00oeErDDfwjw:1576030624993&source=Inms&tbm=isch&sa=X&ved=2ahUKEwjv6LrMw6zmAhU86nMBHZM7BesQ\\_AUoAnoECBEQBA&biw=1440&bih=789&safe=active&ssui=on#imgrc=Ski1GYYd6pGS3M:](https://www.google.com/search?q=royal+national+park+bundeena&rlz=1C1GCEV_enAU835AU836&sxsrf=ACYBGNTQ28u8Ubfgccn6jH00oeErDDfwjw:1576030624993&source=Inms&tbm=isch&sa=X&ved=2ahUKEwjv6LrMw6zmAhU86nMBHZM7BesQ_AUoAnoECBEQBA&biw=1440&bih=789&safe=active&ssui=on#imgrc=Ski1GYYd6pGS3M:)

 **SPACE CAMP**  
**2020** 



# SPACE CAMP 2020

## Teacher and Student Program 2020

- Saturday 26 September -Monday 13 October 2020
- Open to all year 9-12 students and teachers Australia wide.

## Opportunity

LAZSTA (Metropolitan South West Science Teachers Association) and iSTEM will again embark on an enrichment program that will see 56 teachers and students participate in the Space Academy Program at the US Space and Rocket Centre in Huntsville, Alabama. This will be a once in a lifetime opportunity for teachers and students. Participants will be provided with opportunities for science enrichment and leadership development which will be supported with visits to science centres, schools and universities.

## Advanced Space Academy

During this week-long program trainees are provided with hands on training as well as learning about the mental, emotional and physical demands faced by astronauts. Fields of study include Engineering, Space Technology and Aerospace Science.

## Activities

The program will also include visits to attractions in San Francisco, San Diego and Los Angeles.

- California Science Centre
- Los Angeles Hollywood
- Venice Beach and Santa Monica Pier
- Griffith Observatory and planetarium
- Universal Studios
- Seq world
- Fossil Tar Pits
- USS Midway Sea, Air and Space Museum
- La Brea Tar pits
- the Exploratorium
- Disney California Adventure and more ...



## Expressions of interest and enquires

[www.spacecamp.com.au](http://www.spacecamp.com.au)

**Bill Spyroulias - Holsworthy High School**

**[Bill.spyroulias@det.nsw.edu.au](mailto:Bill.spyroulias@det.nsw.edu.au)**

**Australian Institute of Physics Outreach Award NSW 2014.**

**Sydney Telegraph GoWest Community Award.**

**Peoples Choice 2016.**



# PDHPE NEWS

## MR ARONEY'S SPORT REPORT

Well, another great year in Sport. A variety of our girls and boys knockout teams made it through to rounds we have never made before, which is fantastic. We will again in 2020 be running numerous knockout sports and sporting opportunities. There are a variety of knockout sports available throughout the year and opportunities to represent South West Sydney and the Zone in a number of sports as well.

There will be expressions of interest called for Junior and Senior Dance Ensemble. There will be auditions for the Community of Schools Ensemble and the Cross-Network Project as well as an opportunity to be a part of the Technical Production Team. Announcements for these initiatives will be made at the whole school assembly and notes will be distributed to interested parties with Mrs Grant the go to person.

Integrated Sport went very well in Years 7 to 10 this year and we hope to continue the trend in 2020 as well. The trial for wearing the PE Uniform to school on each year groups designated day of the week was highly successful and will continue next year. Students will be notified on their first day of school next year, on which day of the week they have Integrated Sport so they know when to wear their PE uniform

We are looking forward to another great, busy and successful year in 2020.

Thanks and all the very best for the festive season.

P. Aroney  
PDHPE



It's been a hot, smoky and at times very windy end to the year here at Holsworthy High. This has at times had a significant impact on the PDHPE faculty's ability to conduct outdoor practical lessons. Thankfully we've been able to use our newly air-conditioned hall to keep students cool and active. A special mention must be made to the students who have adapted so well to these unprecedented conditions.

Reflecting on the year that has been, we can say honestly that we are extremely happy with the progress our student have made across all year groups. Unbeknownst to them, Year 7 and 9 have spent the last year engaged with the brand new K-10 PDHPE syllabus, and in 2020 Years 8 and 10 implementation will take place. This has provided the PDHPE faculty with a unique opportunity to develop brand new units of work centred on student's needs. These new units of work have been well received by our students which is a testament to the PDHPE staff who have spent countless hours developing these teaching and learning activities. It is also a reflection of the students who have demonstrated a mature and enthusiastic approach to their studies throughout the year.



## PDHPE NEWS continued

Highlights this term have included the Year 7 Swim Safe and Survive program at Macquarie Fields community pool. This saw most of the year take part in a series of aquatics activities to build competence and confidence in the water in the lead up to summer.



Also this term, Year 10 took part in the RYDA Road Safety program at Sydney Olympic Park. This involved a series of hands-on workshops exploring everything from the impact of distractions on stopping distances to real-life stories about driver fatigue that resulted in life changing consequences for those involved.

Additionally, the Year 9 Enrichment Class spent the most part of a day at Bankstown YMCA taking part in gymnastics, indoor rock-climbing and bubble soccer excursion. We are excited for the school holidays and would like to wish our fellow colleagues, students, parents and carers a Merry Christmas and the very best for the New Year.





## PDHPE NEWS continued



Warm regards,  
PDHPE Faculty.

Please ensure  
Student  
and Family  
information  
is up to  
date

## CLOTHING POOL HOLSWORTHY HIGH SCHOOL UNIFORMS

Our Clothing Pool operates through the kind donations of our Holsworthy High School families and their support is always greatly appreciated.

If you would like to support our community by donating unwanted uniforms in good condition, garments can be left at the Front Office during school hours.

## TAS FACULTY

What a busy end to the year we have had – students were involved in catering for the LEAPS and Remembrance Day functions, doing a wonderful job preparing and serving our guests.

The term has finished with many classes celebrating the skills they have learnt this year and completing one final practical lesson that enabled them to sit down together as a class.

Well done and thank you to all those students who have participated in our classes and extra-curricular events this year.



# TAS FACULTY

## Recipe of the Term

## Easy Christmas Biscuits

### REINDEER BISCUITS

20 mini star-shaped pretzels  
10 red M&M's  
20 candy eyes  
10 Tim Tam biscuits (see note)  
50g dark chocolate, melted, cooled

#### Method:

Make Reindeer Biscuits: Using picture as a guide, attach pretzels, M&M's and candy eyes to Tim Tam biscuits using melted chocolate. Refrigerate until set.



### BAUBLE BISCUITS

90g dark chocolate, melted, cooled  
3 rainbow sour straps, cut lengthways into thin strips  
10 Venetian biscuits  
M&M's and M&M's minis, to decorate

#### Method:

Make Bauble Biscuits: Place melted chocolate in a small snap-lock bag. Snip off 1 corner. Using picture as a guide, fold sour strap pieces into small bows, securing with a little chocolate. Pipe chocolate onto biscuits. Attach bows, M&M's and mini M&M's to biscuits. Refrigerate until set.

### NOTES

Allow additional time for refrigeration.

Tip: Place the Tim Tam biscuits and chocolate digestives in the fridge before decorating, this will help the chocolate set quicker.

### PUDDING BISCUITS

90g white chocolate, melted, cooled  
10 milk chocolate digestive biscuits (see note)  
20 mini red M&M's  
2 watermelon cloud lollies, thinly sliced

#### Method:

Make Pudding Biscuits: Place melted chocolate into a small snap-lock bag. Snip off 1 corner. Using picture as a guide, pipe chocolate over top of each biscuit to form 'custard'. Decorate with mini M&M's and cloud lollies. Refrigerate until set.



Throughout Semester 2 7E, the Year 7 Enrichment class, have been undertaking jobs at SCRAP. These have ranged from installing native beehives to cultivating garlic. This experience has been enjoyable and will surely benefit us later in life.

Peter, our guide, has given us valuable information and processes for keeping gardens sustainable.

We have learnt:

- How to keep birds off plants
- What kinds of plants need to be together in order to thrive
- How to hang garlic and get it ready for selling
- How to use worms for their castings
- How to naturally sustain a garden without the use of pesticides or other harmful products

Our fortnightly visits will be dearly missed as many of us found it the high point of the week to go to SCRAP.

That's all for this year but next year I'm sure SCRAP will be just as much a 'hive' of activity as this year.

Craig  
7E



# 2019 YEAR ADVISORS



Ms Stoppino Yr 7



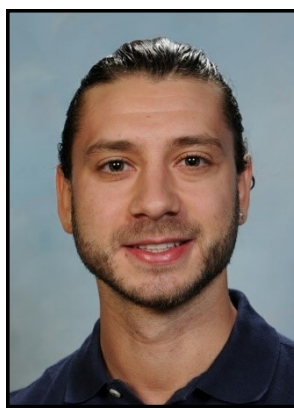
Mr Dasic Yr7



Ms Siqueira Yr8



Mr Al Khuzai Yr 8



Mr Di Martino Yr9



Ms Mikhail Yr10



Mr Judge Yr 10



Mr Spyroulias Yr11



Ms Booker Yr11



Mrs Harvey Yr12

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# Year 7

## Did you know that you can make payments to our school online?

We launched a new online payment portal last year linked to our school's website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

## What expenses can be paid online?

- Voluntary School Contributions
- Subject Contributions
- Excursions
- Creative and Practical Arts
- Sales to Students
- Other

## How?

Log onto the school website on: [www.holsworthy-h.schools.nsw.edu.au](http://www.holsworthy-h.schools.nsw.edu.au) Click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.

Term 4 has been a very busy and exciting time for Year 7. Students began the term knowing that they had to focus on ensuring they applied themselves in the lead up to their end of year exams. Despite the stress and pressure, the students continued to work hard and successfully complete all requirements for their progression into Year 8.

It also worth mentioning that Year 7 was the most consistent year in the whole school regarding full school uniform. Also, multiple students received high SRA's allowing them to attend the Principals SRA Morning Tea.

This term, the boys of Year 7 took part in a 'boys workshop' which focused on teaching them about the challenges and issues young adolescent boys will face throughout high school. The event was enjoyed by the boys as they believed it helped them learn and understand certain issues relevant to their everyday lives.

Year 7 also took part in Surf Awareness in week 8. They enjoyed a beautiful sunny day at Cronulla beach where they developed skills and knowledge regarding beach safety and Australian beach culture.

Overall, Year 7 have had a very eventful and busy term and can now look forward to the summer holidays. Best wishes to all of the students in Year 7 and their families over the break. We look forward to seeing you back next year as Year 8 students. Well done and congratulations on a successful year.

Mr Dasic and Ms Stoppino  
(Year Advisors)

# Year 8

Year 8 started term 4 by focusing on ensuring they apply themselves in all classes in the lead up to their yearly semester exams. Although students were feeling the pressure of the end of the year looming ahead, they made an effort to successfully complete their exams in week 5. Along with their semester exams, students have also completed their valid testing for science which assess their prior knowledge as well as content they have learnt throughout the year.

A number of Year 8 students were also involved in the school spectacular concert. They attended a number of practise sessions in preparation for the grand event.

This term Year 8 boys attended a 'boy welfare presentation'. This was an initiative for boys to feel comfortable about discussing the challenges that they face as adolescents in a safe and positive environment. The aim of such opportunities is to foster a culture where students feel comfortable to have conversations about their challenges and self-perception.

Overall, Year 8 have had a busy term and deserve the much anticipated break ahead.

Best wishes to all of Year 8 and their families over the holidays. We look forward to seeing you back relaxed and refreshed.

Mr Alkhuzai and Ms Siqueira

# Year 9

As we come to the end of another exciting year at Holsworthy High School and count down the days to a well-deserved summer break. I would like to say a big thank you to all our year 9 students for a massive year and congratulate them on working towards and achieving their goals. I would like to acknowledge the following students for their 100% attendance in Semester Two. This is an amazing effort and they should be acknowledged for their commitment to their education:

- Adhesh Kumar
- Leticia Stuart
- Nicholas Xenoulis

Handing out the Yearly Reports is a rewarding aspect of our job and it is a pleasure to speak with all of our students about their achievements, not only the Grades they have received but also their Student Responsibilities.

I would like to wish everyone a safe and happy holiday. See you in Year 10.

Mr Di Martino

# Year 10

It has been a jam packed year for our Year 10 students in 2019 and as Term 4 draws to a close; we are already planning forward with excitement. This Term our students participated in many ventures from their driver safety courses to their transitioning to senior studies lectures. Student well being lessons with Mr Judge have equipped students with many cognitive strategies to approach their studies and life balance thoughtfully, and with optimism. Uniform changes for senior students begin in 2020; and we stress the importance of complying and buying the correct black footwear and correct school jumpers especially. Summer is calling and much Christmas cheer and community events awaits. Both Mr Judge and myself wish you a very wonderful and safe holiday!

See you next year

Ms J Mikhail and Mr M Judge  
Year Advisers

# Year 11

Year 11, what a year! Ms Booker and I are incredibly proud of each of you individually, and as a group. You have been excellent role models for those younger students who will follow you in later years.

2019 saw you completing Year 11 and embarking on your HSC. Looking forward, 2020 will be another busy and challenging year. It will require preparation, organisation, commitment and time management to reach your goals during your HSC year.

Although hard work is important, 2019 has also been an enjoyable one. I would like to thank each of you for supporting school events such as the Sports-a-thon, the carnivals and fundraising. I'm sure you'll all agree the fundraising was worth it: the jackets look great!

Please "save the date" for the following events in 2020:

- The Swimming Carnival is on 3<sup>rd</sup> February 2020, and in case you haven't heard the Year 12 theme is going to be Superheroes and Villains... so start planning your outfits.
- The Year 12 Retreat is likely to be in September – stay tuned for exact dates.
- The Year 12 Formal for 2020 is on 24<sup>th</sup> November 2020 at Taronga Zoo

I'd like to take this opportunity to wish you and your families a Merry Christmas and a Happy New Year for 2020. Enjoy your break and come back next year refreshed and ready for an adventure!

All the Best,  
Mr Spy & Ms Booker



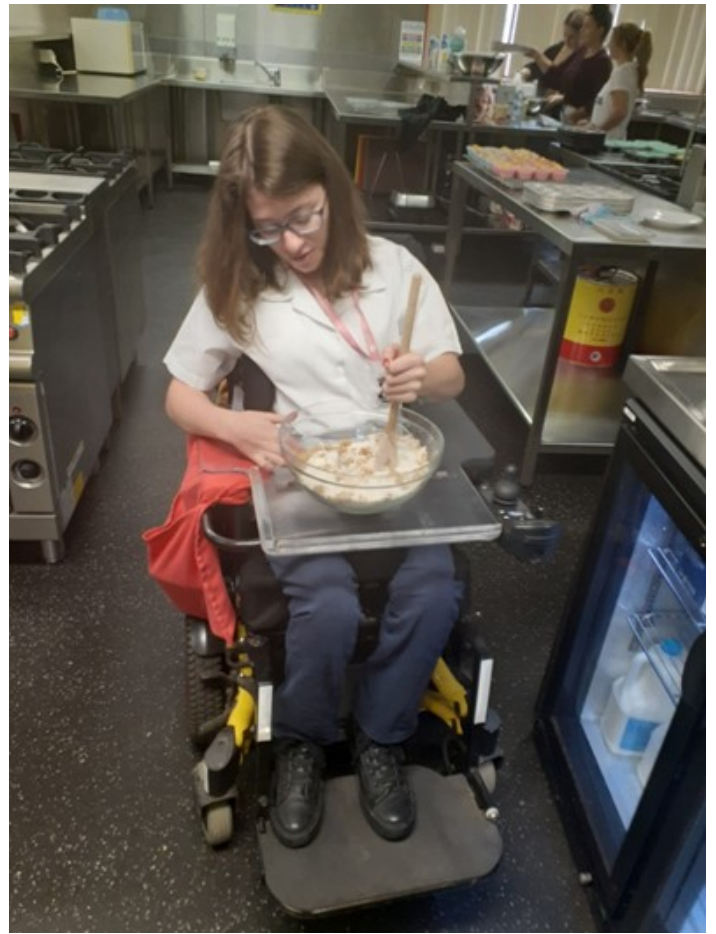
# —CLASS OF— **2019**



Congratulations to the Class of 2019 who officially finished their HSC this Term. We wish you the best of luck for the next stage of your lives.

## Defence School Mentor Term 4 Update

Wow, the Christmas holidays are here again. In Term 4 we visited Advantaged Care where the knitting ladies were lovely enough to make us some poppies and bookmarks to put into our care packages. Thank you also to one of our students, Hannah, her mum Richelle and Petra for making ANZAC biscuits to include in the packages as well.



Our care packages were put together at lunch time by some of our students and I thank them for their time. In each package was a Legacy pudding, homemade ANZAC biscuits, lollies and a booklet of everything we have done during the year in regards to defence activities. Mr Watkins and myself took two ex students to Wattle Grove's Remembrance Day Service where they placed a wreath on behalf of Holsworthy High School.

I hope everyone enjoys their break and I look forward to seeing you back next year. For those students that are leaving I wish you all the happiness in the world and hope that your future is everything you are hoping for. Merry Christmas and a Happy New Year.

*Mrs Carr*



We held our Presentation Night on the 11<sup>th</sup> December and although I am proud of all students I was very happy to see so many of the Defence students receive awards. Congratulations.





**If you're 12 to 18 & interested in:  
Life Skills Workshops  
Leadership Training  
Mentoring  
Volunteering & School Holiday Activities**



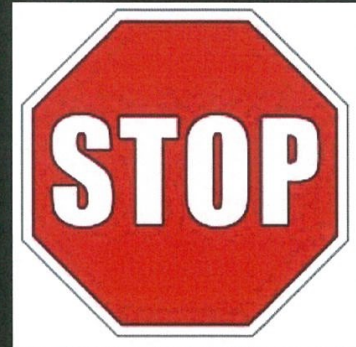
**Join us  
Mondays 3pm at  
Wattle Grove  
Community  
Centre**



**Contact :**  
**Fernando Drogo 0403 136 099**  
**Come talk to Youth Clicks members at Holsworthy HS Breakfast Club on Fridays**



# STAFF CARPARK



School grounds must be secure and safe for students despite various areas being available for use by vehicles.

Due to pedestrian safety and traffic congestion issues, parents are asked to refrain from driving onto the school grounds unless they have official business ie. an appointment with staff.

The staff carpark is for the use of staff and delivery vehicles only and not for use by parents and students to drop off and pick up children.

Parents are encouraged to use the appropriate areas out the front of the school when needed.

We would like to thank the majority of families who take care to behave responsibly and park in safe and appropriate locations outside the school.





**Style includes:** Karate/Judo/Ju-Jitsu/Self Defence

**Location:** Holsworthy High School

**Class times:** Tuesday - 6.30p.m to 7.00p.m.  
5yrs – 16yrs old

**Instructor:** Brian Coman 3<sup>rd</sup> Dan Black Belt

**For all enquires please call Brian on 0417 220319**



**BEGINNERS COMMENCE**

**18<sup>th</sup> February 2020**

# Holsworthy High School



## DATES TO REMEMBER



Wednesday 28 January 2020	First day of Term 1 for Years 7, 11 + 12
Thursday 29 January 2020	Whole school in attendance
Monday 3 February	School Swimming Carnival
Monday 2 March	Yr6 Information Evening
Monday 2 March	Zone Swimming Carnival
Wednesday 4 March	School Athletics Carnival
Monday 16 March	Parent Teacher Night for Years 7+12
Monday 30 March to Wednesday 1 April	Year 7 Camp
Thursday 9 April	Last day of Term 1

*The Principal and staff at Holsworthy High School  
would like to wish all our students  
and their families a very  
Merry Christmas and a safe  
and Happy New Year.*

