



Holsworthy
High School

PDHPE Faculty

CHILD STUDIES



OVERVIEW

Stage 5 Child Studies reflects the multidimensional nature of child development and learning and the interconnectedness of the physical, social, emotional, personal, creative, spiritual, cognitive and linguistic domains. Students will have the opportunity to explore this interrelationship through each stage of development in the early years. Child Studies also includes study of preconception and family preparation, newborn care and the influence and impact of nutrition, play, technology and the media.

Child Studies will assist students to understand the significant impact of the child's environment and the role that the child and others can take in the active construction of this environment. They will have the opportunity to reflect and think critically on the value of the cultural context and influence of ancestral and traditional practices. They will learn to identify, create and evaluate solutions to enhance child wellbeing. They become aware of and learn to access a range of relevant community resources and services.

SKILLS AND CAPABILITIES STUDENTS WILL GAIN:

Through studying Child Studies in Years 9 and 10 students will be able to have the opportunity to develop a range of academic skills as well as life skills that are transferrable to their own development into young adults. These include:

- critical and creative thinking
- ethical understanding
- information and communication technology capability
- intercultural understanding
- literacy
- numeracy
- Personal and social capability

WHAT OPPORTUNITIES ARE THERE FOR ME?

Students will develop knowledge and understanding of the following concepts:

- child development from preconception through to and including the early years.



- skills required to positively influence the growth, development and wellbeing of children.
- factors that support the growth, development and wellbeing of children.
- skills in researching, communicating and evaluating issues related to child development.

VALUES AND ATTITUDES

Students will also have opportunity to value:

- the role positive parenting and caring has on a child's sense of belonging and their health and wellbeing.
- the positive impact that significant others play in the growth and development of children.

WHY CHOOSE CHILD STUDIES

The physical, cognitive, social, and emotional growth that takes place in the first years of a child's life sets the foundation for success or failure in learning and life.

Early childhood is not only astonishingly complex — it's critically important.

Child Studies explores how a child develops from birth to age eight from all perspectives: physical/motor, cognitive, social, emotional, and language.

Here, you'll focus on how development occurs within the context of family, community,

culture, and relationships. You'll gain deep knowledge of the complex interaction among developmental domains and the role of environmental factors.

With that knowledge, you can better **identify, interpret, and respond** to a child's individual differences. Whatever your field, you'll be prepared to respond effectively to the needs, challenges, and capacities of children and their families, helping them get the best start in life.

MODULES STUDIED

Students have an opportunity to study a variety of units and modules. These are flexible in nature and can be adapted to suit the cohort.

The content is organised into the following modules:

- Preparing for parenthood
- Conception to birth
- Family interactions
- Newborn care
- Growth and development
- Play and the developing child
- Health and safety in childhood
- Food and nutrition in childhood
- Children and culture
- Media and technology in childhood
- Aboriginal cultures and childhood
- The diverse needs of children
- Childcare services and career opportunities

"The first five years have so much to do with how the next 80 turn out."

Bill Gates Sr, Co-Chair of the Bill and Melinda Gates Foundation

PDHPE FACULTY

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